

# Randolph County Schools Cafeteria Menu



**August  
2019**

Monday	Tuesday	Wednesday	Thursday	Friday
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Milk is served with all meals. Water is available with all meals. Breakfast is served with your choice of cereal or menu item including and milk.

## Free School Meals Rock!

Students may purchase extra MILK at the line for \$0.35 for either regular or cold lunch.

**15** Pop Tart  
Chicken Nuggets  
Green Beans  
Dinner Roll  
Peaches  
Fresh Fruit  
Garden Bar  
Milk

**16** Rice Krispies Bar  
Pizza  
Corn  
Pears  
Fresh Fruit  
Garden Bar  
Milk

**19** Blueberry Muffin  
Hot Dog w/Chili  
Cole Slaw  
Oven Fries  
Peaches  
Fresh Fruit  
Garden Bar  
Milk

**20** Sausage Pancake on a Stick  
Meatloaf  
Mashed Potatoes & Gravy  
Green Beans  
Dinner Roll  
Pears  
Fresh Fruit/Garden Bar  
Milk

**21** Cinnamon Roll  
Taco Salad  
Refried Beans  
Rice  
Corn  
Mixed Fruit  
Fresh Fruit/Garden Bar  
Milk

**22** Donut  
Pepperoni Roll  
Macaroni & Cheese  
Steamed Broccoli  
Applesauce  
Fresh Fruit  
Garden Bar  
Milk

**23** Oatmeal Chocolate Chip Bar  
Cheeseburger  
Tater Tots  
Pineapples  
Fresh Fruit  
Garden Bar  
Milk

**26** Banana Bread  
Corn Dog  
Oven Fries  
Peaches  
Fresh Fruit  
Garden Bar  
Milk

**27** Chocolate Chip Muffin  
Calzone  
Corn  
Mixed Fruit  
Fresh Fruit  
Garden Bar  
Milk

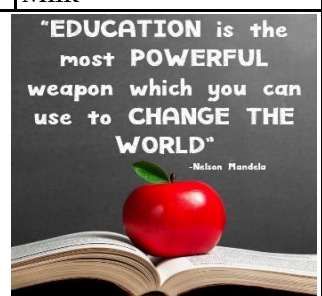
**28** Chex Mix & String Cheese  
Spaghetti w/Meat Sauce  
Glazed Carrots  
Cheese Breadstick  
Applesauce  
Fresh Fruit  
Caesar Salad/Garden Bar  
Milk

**29** Pancake  
Chicken Fajita  
Rice  
Stir Fry Veggies  
Pears  
Fresh Fruit  
Garden Bar  
Milk

**30** Breakfast Wrap  
Turkey & Cheese Sub  
Dorito's  
Tater Tots  
Strawberry Cup  
Fresh Fruit  
Garden Bar  
Milk



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Menu is subject to change due to availability of food & offerings may differ by schools due to USDA Grade Requirements/Guidelines

