Breakfast Options

Randolph County realizes that eating breakfast can help improve math and reading scores; help children pay attention; have less behavior issues at school; and have fewer absences and tardiness. Randolph County also realizes that some students get up and aren't ready to eat breakfast until a little later or eat early and several hours later are ready to eat again. Fortunately, all students in Randolph County will have the opportunity to participate in a Breakfast Initiative at their school. This initiative follows the same nutritional guidelines as the traditional breakfast. Here are the options that each school can choose from:

- 1. Grab and Go student will go through the breakfast line and eat the breakfast on the go
- 2. Breakfast in the Classroom student goes through the breakfast line and eat breakfast in the classroom
- 3. Breakfast after First student eat breakfast after first period

<u>Time</u>	<u>Breakfast Strategy</u>
7:50 am 8:15 am 9:20 am 9:00 am 7:10 am 8:30 am 8:15 am 8:10 am 8:00 am 8:30 am	Grab and Go Breakfast after first Grab and Go Grab and Go
8:10 am 9:10 am	Grab and Go Grab and Go
	7:50 am 8:15 am 9:20 am 9:00 am 7:10 am 8:30 am 8:15 am 8:10 am 8:00 am 8:30 am 8:10 am