

# RANDOLPH COUNTY SCHOOLS

## CAFETERIA MENU



SEPTEMBER  
2017



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Milk is served with all meals. Water is available with all meals. <u>Breakfast is served with your choice of cereal or menu item including fresh fruit, juice and milk.</u></p>		<p>You can also keep track of your child's account and pay your bill online! Check it out now!!! <a href="http://www.schoolcafe.com">www.schoolcafe.com</a></p>	<p>1 Fruit Yogurt Parfait</p> <p>Calzones Corn Mixed Fruit Fresh Fruit Garden Bar Milk</p>
<p>4</p>	<p>5 Chex Mix &amp; String Cheese</p> <p>Salisbury Steak Mashed Potatoes &amp; Gravy Green Beans Dinner Roll Mixed Fruit Fresh Fruit/Garden Bar Milk</p>	<p>6 Pop Tart</p> <p>Biscuits &amp; Gravy Scrambled Eggs Sausage Warm Cinnamon Apples Fresh Fruit Garden Bar Milk</p>	<p>7 Bagel</p> <p>Pizza Corn Strawberries Caesar Salad Fresh Fruit Garden Bar Milk</p>	<p>8 Pancakes</p> <p>Spaghetti w/Meat Sauce Cheese Breadstick Steamed Broccoli Applesauce Fresh Fruit Garden Bar Milk</p>
<p>11 Fruit Yogurt Parfait</p> <p>Asian Chicken w/Rice Oriental Vegetables Egg Roll Pears Fresh Fruit Garden Bar Milk</p>	<p>12 Sausage Pancake on a Stick</p> <p>Meatloaf Mashed Potatoes &amp; Gravy Green Beans Dinner Roll Mandarin Oranges Fresh Fruit/Garden Bar Milk</p>	<p>13 Nutri-Grain Bar</p> <p>Cheeseburger Oven Fries Spinach Peaches/Peach Cup Fresh Fruit Garden Bar Milk</p>	<p>14 Tac-Go Breakfast Wrap</p> <p>Chicken Nuggets Baked Beans Dinner Roll Mixed Fruit Fresh Fruit Garden Bar Milk</p>	<p>15 Cinnamon Rolls</p> <p>Fish Sticks w/Roll OR Fish Sandwich Cooked Carrots Strawberries Fresh Fruit Garden Bar Milk</p>
<p>18 Oatmeal Chocolate Bar</p> <p>Chicken Sandwich Sweet Potato Fries Broccoli/Cauliflower/Dip Mixed Fruit Fresh Fruit Garden Bar Milk</p>	<p>19 Rice Krispies Bar</p> <p>Pepperoni Rolls Macaroni &amp; Cheese Broccoli Pears Fresh Fruit Garden Bar Milk</p>	<p>20 Breakfast Pizza</p> <p>Taco Salad Refried Beans Rice Corn Pineapple Fresh Fruit/Garden Bar Milk</p>	<p>21 Blueberry Muffin</p> <p>Corn Dog Sweet Potato Puffs Peaches Fresh Fruit Garden Bar Milk</p>	<p>22 Cereal Bar</p> <p>Lasagna Cheese Breadstick Peas Applesauce Caesar Salad Fresh Fruit/Garden Bar Milk</p>
<p>25 Warm Cinnamon Apples &amp; Waffles</p> <p>Grilled Chicken Rice Broccoli Parmesan Red &amp; Green Bell Peppers Dinner Roll Mandarin Oranges Fresh Fruit/Garden Bar Milk</p>	<p>26 Donut</p> <p>Ham Scalloped Potatoes Kidney Beans Corn Bread Pineapples Fresh Fruit Garden Bar Milk</p>	<p>27 Breakfast Bagel</p> <p>Hot Dog w/Chili Coleslaw Oven Fries Mixed Fruit Fresh Fruit Garden Bar Milk</p>	<p>28 Chocolate Chip Muffin</p> <p>French Bread Pizza Corn Strawberries Fresh Fruit Garden Bar Milk</p>	<p>29 Cook's Choice</p> <p>Meatball Hoagies Parsley Potatoes Green Beans Pears Fresh Fruit Garden Bar Milk</p>

"This institution is an equal opportunity provider & employer."

**MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOOD & OFFERINGS MAY DIFFER BY SCHOOLS DUE TO USDA GRADE REQUIREMENTS/GUIDELINES**